

Two Words That Changed My Life: Nobody Cares



When you're winning, nobody cares. When you're losing, nobody cares. It doesn't mean nobody loves you, it just means nobody cares about your life as much as you do. It just means that you are in control. It's on you. Nobody cares.

**YOU CAN GET PRETTY DAMN FAR IN LIFE BY
JUST BEING SOMEONE PEOPLE CAN COUNT
ON TO SHOW UP AND DO THE WORK.**



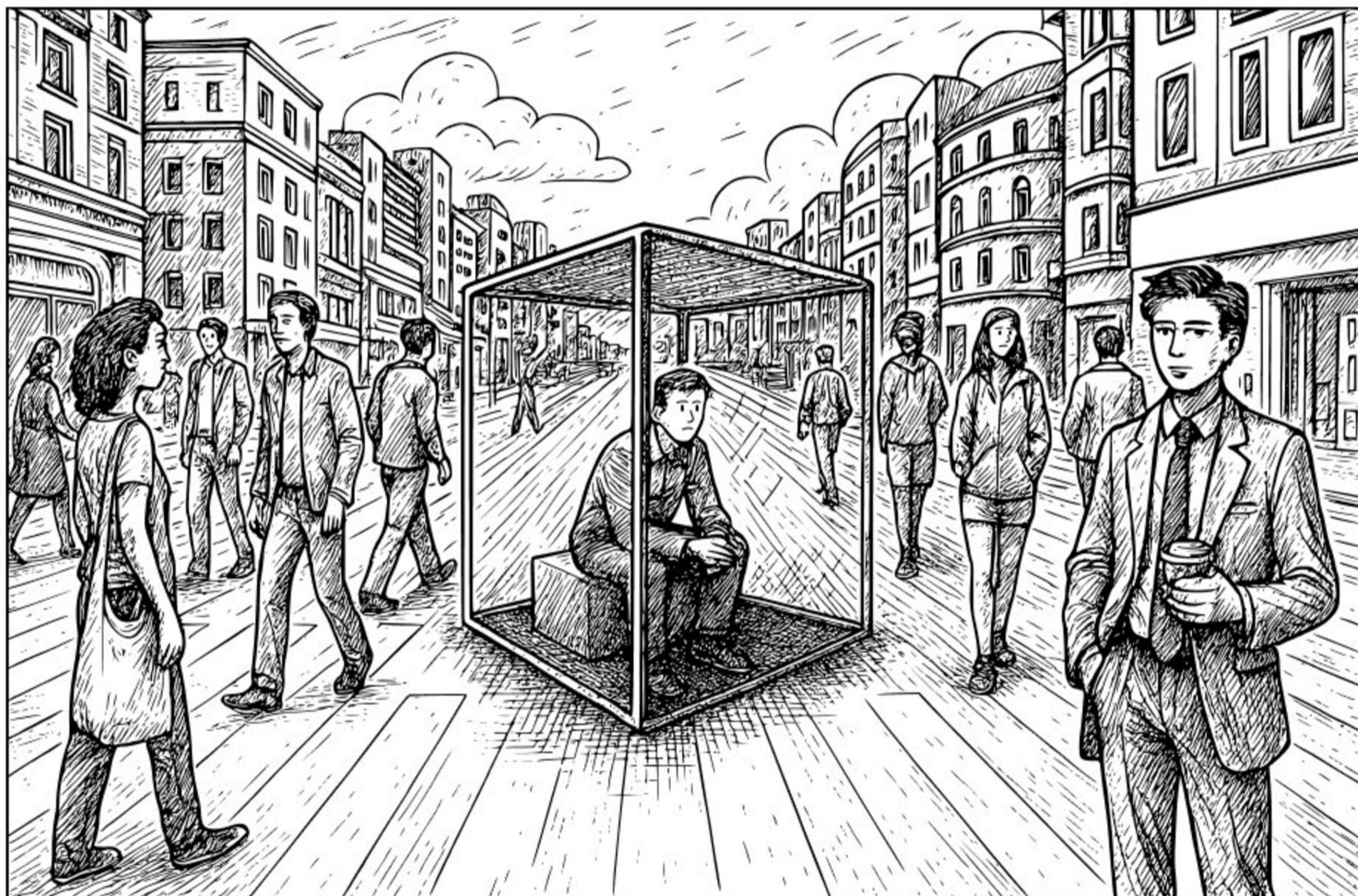
Reliability is the cheat code. Stop overcomplicating success. Show up, do the work, repeat. That's it.

No One Is Coming To Save You.



Your entire life will change the day you realize that it's all on you. No one is coming to save you. No one will fix your problems. No one will change your mindsets. No one will hand you the things you want in life. It's just you. It's all on you. There's a power in that.

That Thing You've Always Wanted To Do? Go Do It.



I often wonder how many extraordinary people wasted their entire lives fearing the judgement of people who were never even thinking about them. Nobody is thinking about you. Everybody is too busy thinking about themselves. Go do the damn thing.

Do Hard Things.



Do hard things. Because life is hard. And when you take on voluntary struggle, you're better prepared for the involuntary struggle that inevitably enters your world. Embrace the suck.

Fear Comes From Inexperience, Not Incapability

You're afraid because you haven't done it yet, not because you can't do it. Inexperience is the problem to be solved—and it's solved through having the courage to act.



Your Entire Life Will Change When You Realize That
Stress And Anxiety
Feed On Idleness.



When you take action, you starve them of the oxygen they need to survive. The answer is found in the action.

The Key To Life: Show Up



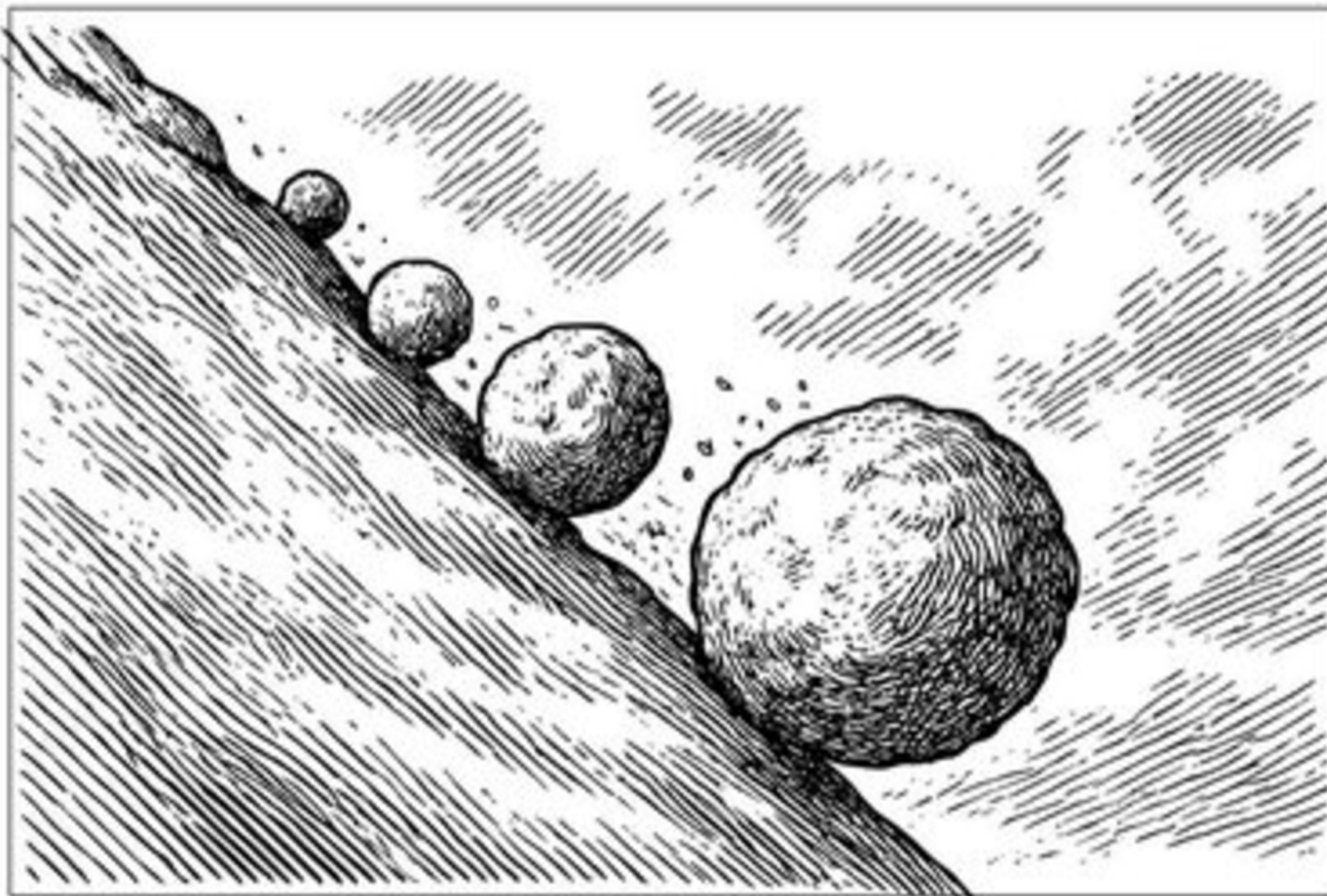
Show up when it's hard. Show up when it's messy. Show up when no one's watching. Show up when you don't feel like it. Show up when the rewards are uncertain. Just show up. You can never bet against the person who just keeps showing up.

The people you admire are just the ones who had had the courage to start.

The ones who didn't overthink it. The ones who put their ego aside. The ones who walked toward uncertainty. The answer is found in the action.



Your Entire Life Will Change When You Realize That Anything Above Zero Compounds.



Showing up consistently matters more than showing up perfectly. Small things become big things. Never allow optimal to get in the way of beneficial.

The most dangerous person in the world

is the one who shows up every single day even when the rewards are uncertain. The one who can tolerate the most uncertainty is the one who will eventually win.

