

Build Your AI Leadership Coach



7 Prompts to Build Your Personal Tony Robbins

STEP 1: Create Your Leadership Foundation

Define your leadership goals and current challenges to give your AI coach the context it needs to provide relevant, personalized guidance.

PROMPT:

I'm a [role] leading a team of [size] in [industry]. My biggest leadership challenges are [list 2-3 specific issues]. My goals for the next 6 months are [specific objectives]. Help me create a leadership development plan.

STEP 2: Target Your Growth Area

Select one specific leadership skill to develop deeply rather than trying to improve everything at once.

PROMPT:

Based on my context, I want to focus on developing [specific skill like strategic thinking, emotional intelligence, delegation]. Create a 30-day development plan with daily practices and weekly milestones.

STEP 3: Upload Your Leadership Data

Share performance reviews, 360 feedback, and project summaries to create a personalized leadership profile your AI can reference.

PROMPT:

I'm uploading my recent performance review and team feedback. Analyze these documents and identify my top 3 leadership strengths and 3 areas for improvement. Create specific action plans for each area.

STEP 4: Get Personalized Coaching Sessions

Use leadership assessment tools and surveys to get insights and develop a customized development plan.

PROMPT:

Act as my executive coach. Ask me 5 diagnostic questions about [specific leadership challenge]. Based on my answers, provide specific strategies and tactics I can implement this week.

STEP 5: Build An Accountability System

Set up coaching schedules, task lists, and progress tracking methods to ensure consistent development.

PROMPT:

Create a weekly accountability system for my leadership development. Include: daily reflection questions, weekly progress check-ins, and monthly goal reviews. Make it simple but effective.

STEP 6: Scale to Your Team

Select leadership trainers or mentors and create shared learning plans to multiply your development efforts.

PROMPT:

Help me create a simple, high ROI leadership development program for my team of [number] managers. Include monthly topics, discussion guides, and practical exercises we can do together.

STEP 7: Iterate and Improve

Periodically review progress, reevaluate goals, and adjust your coaching approach based on what's working.

PROMPT:

It's been 30 days since I started my leadership development plan. Help me conduct a progress review: What's working? What needs adjustment? What should I focus on next month?

Bonus: Get Advice From Leaders You Admire

Get advice from the world's best by having AI embody their coaching style and philosophy.

PROMPT:

Act as Tony Robbins coaching me on [specific challenge]. Use his energy, frameworks, and language style to help me breakthrough this obstacle."

Other options: Ray Dalio, Brené Brown, Jeff Bezos, Simon Sinek, John Maxwell, or any leader whose style resonates with you.

BONUS: 3 Tips to Maximize Your AI Coach

1. BE SPECIFIC

Share real situations with context, not vague problems.

2. BUILD ON CONVERSATIONS

Reference previous discussions to create continuity.

3. ASK FOLLOW-UP QUESTIONS

"What if..." and "How would you handle..." deepen the coaching.

The hard part isn't building your coach.

It's **making a habit** of asking the right questions and **taking action**.

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