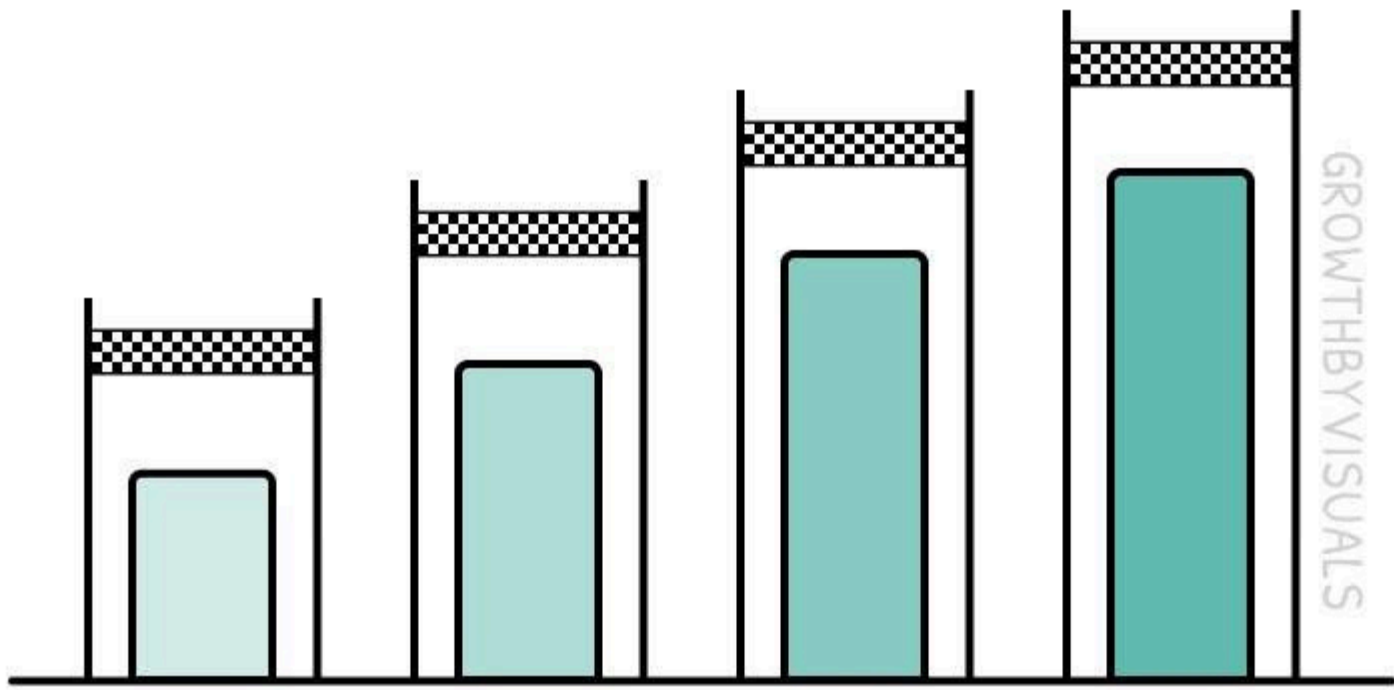
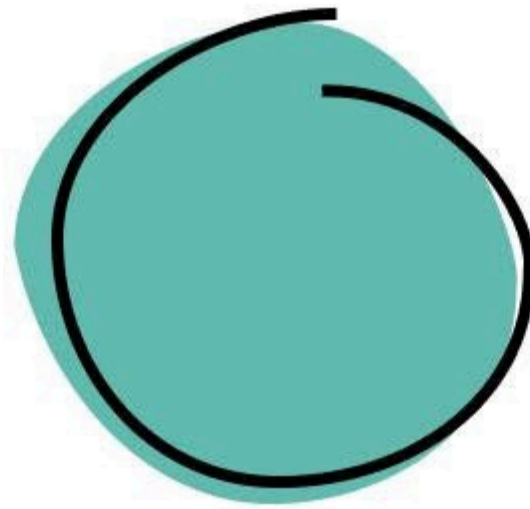


Maybe you don't realize how far  
you've come

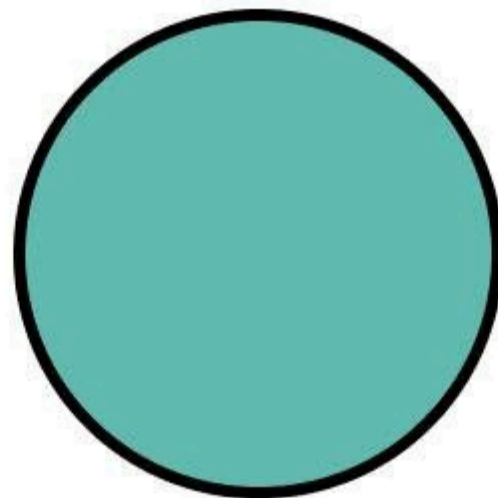


Because you keep raising the bar

JUST MAKE IT EXIST FIRST



YOU CAN MAKE IT GOOD LATER



# PROFESSIONAL ATHLETES



GROWTHBYVISUALS

# IN CORPORATE



That one  
training day

-  Train
-  Perform

Keeping it all in your head



Writing it down





FEEDBACK



GROWTHBYVISUALS

Growth  
mindset

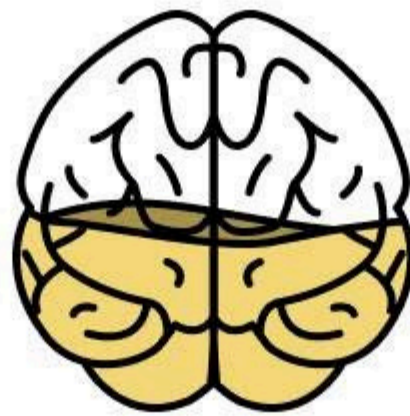


# HOW MUCH YOU LEARN

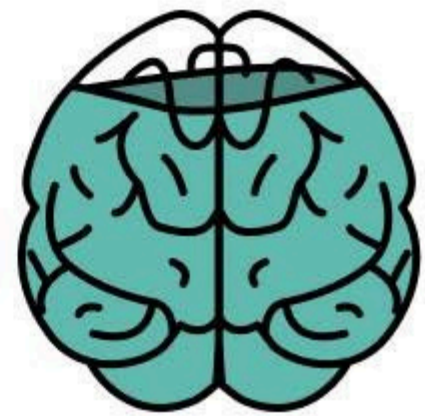
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From theory

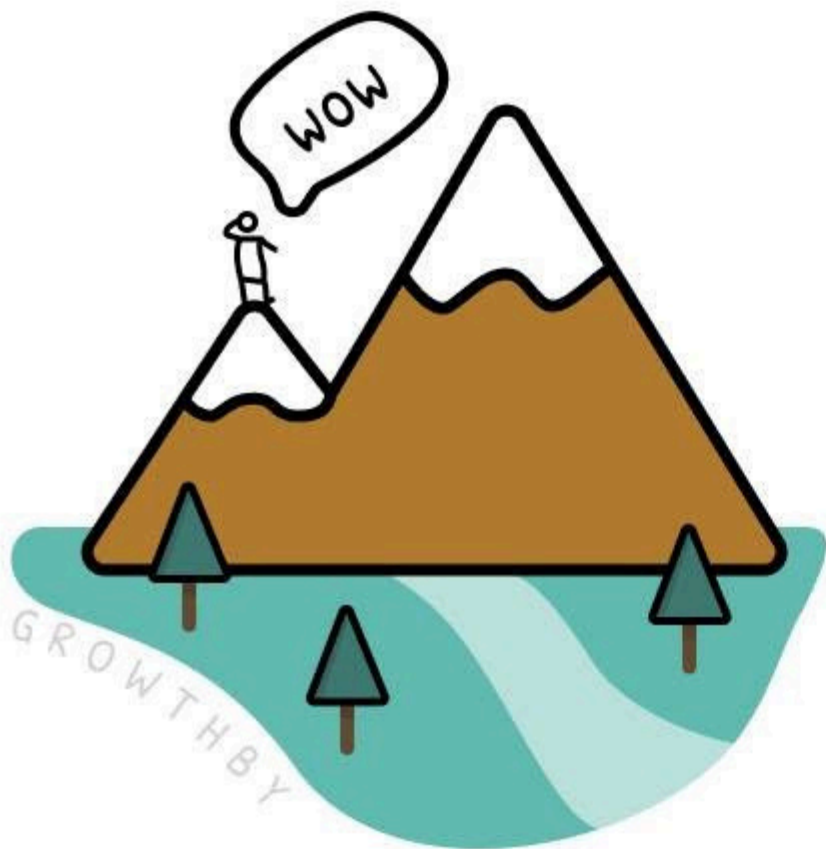


From practice

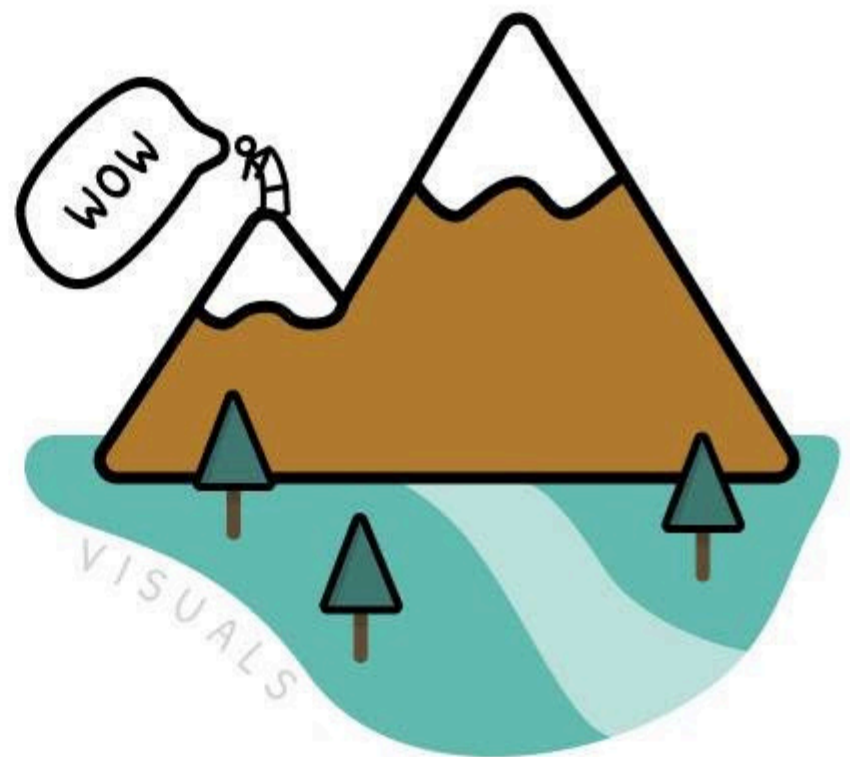


From mistakes

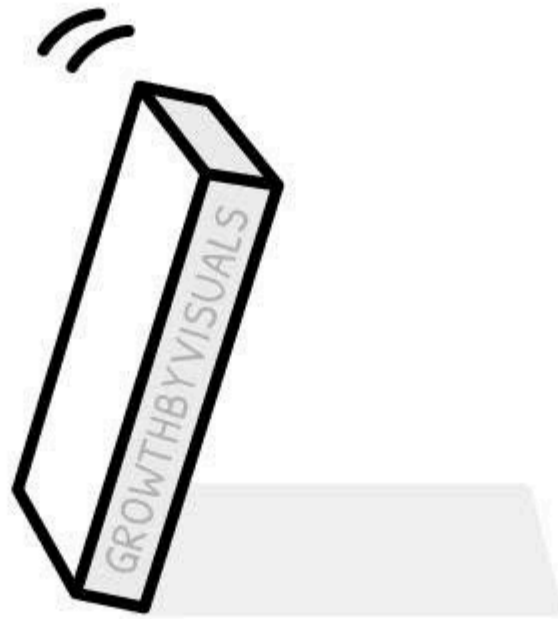
YES..



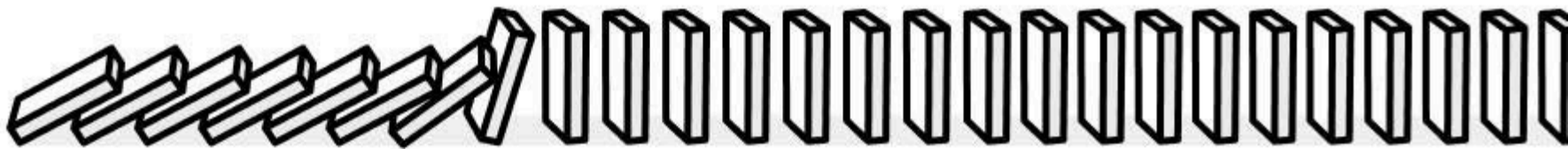
BUT ALSO

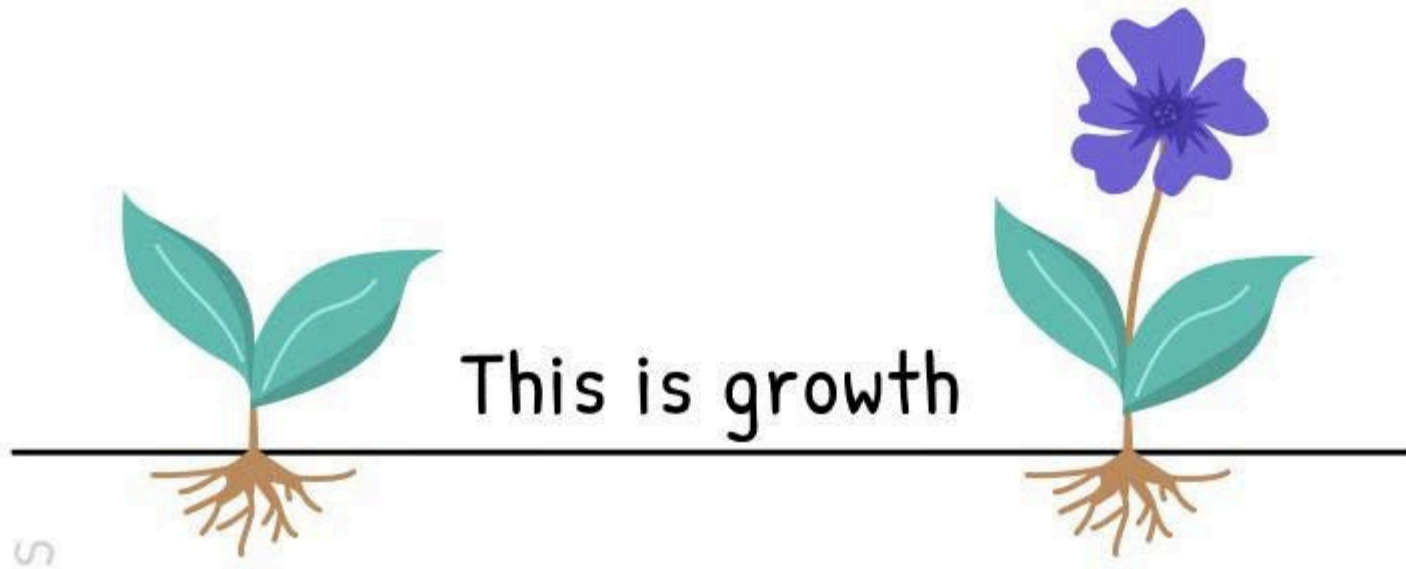


It's not about  
intensity

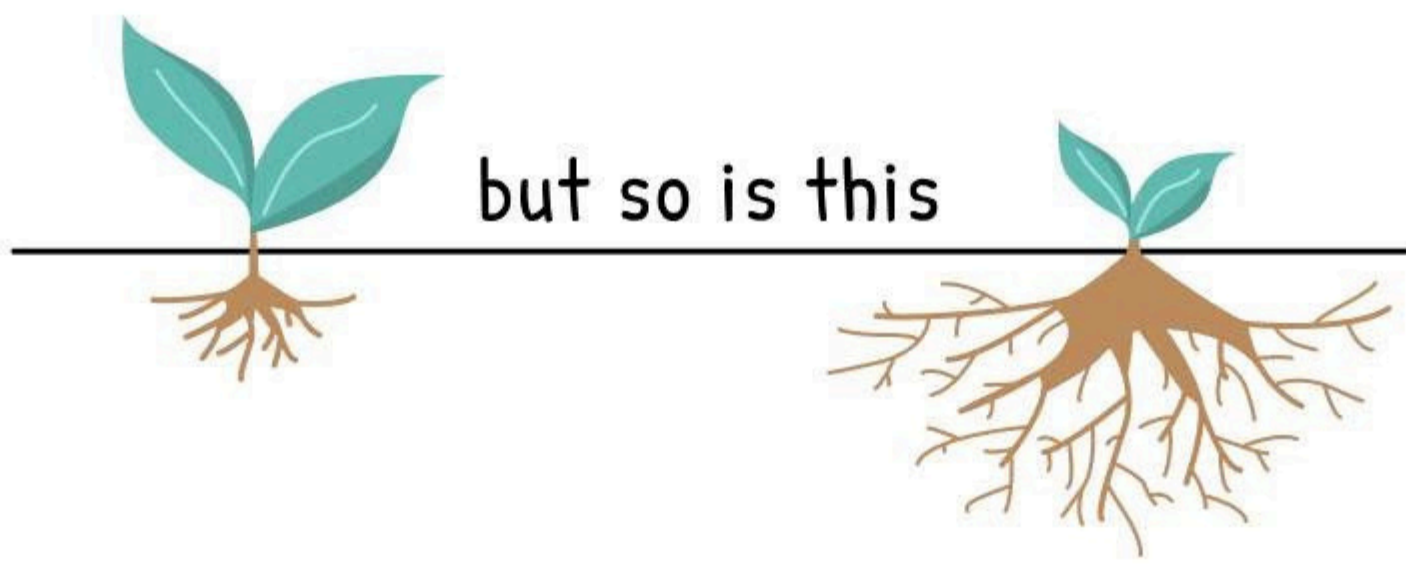
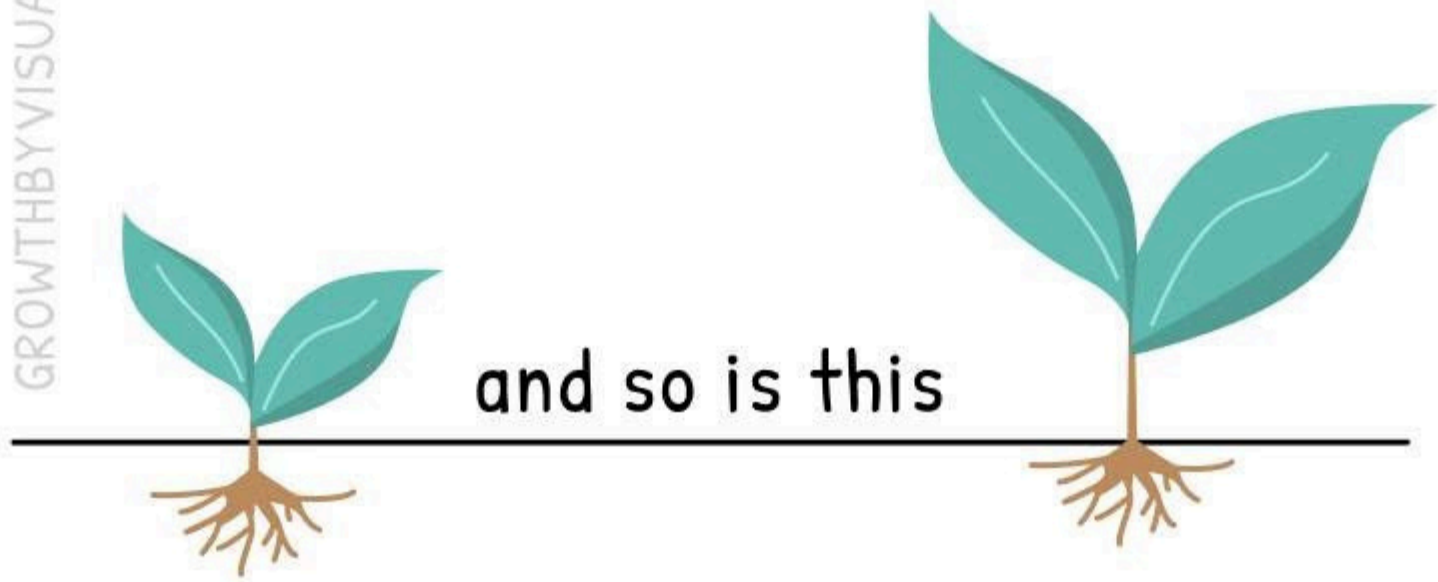


But about  
consistency

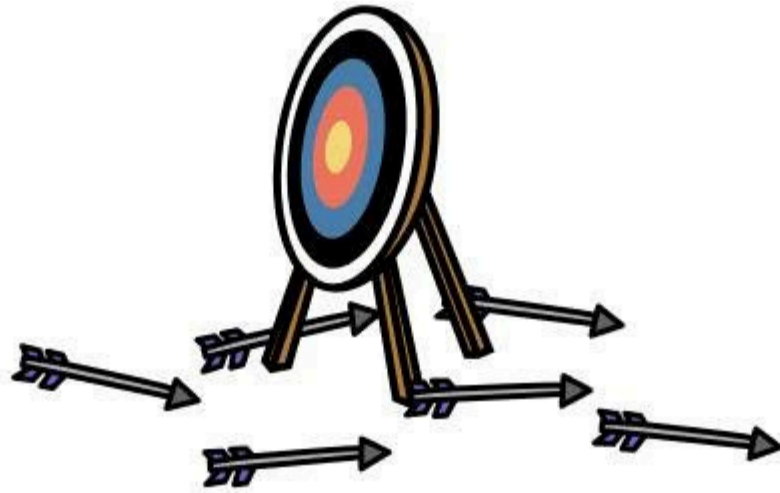




GROWTHBYVISUALS



TODAY



IN A MONTH



IN A YEAR



GROWTHBYVISUALS