

Part 1 of 2

🔗 It is game you can employ Chinese, American, European, Russian, Canadian, Japanese or else, the point is the win counts! 🔗 Until you quit castes and tactics related to this nasty habit of at least few thousand years old. Nothing will change in India and forget about getting coveted VETO power at global stage. If your delicate and no good brains can grasp it, which all global audience is waiting to see in the name of human rights sense. These are also called Hardest choices instead becoming egoistic by dictating indigenously designed etc. This way it sounds very childish 🔗 How to beat them and their designs. Learn from them and go ten steps ahead of them.??! 🏴 Please stop saying indigenously built by Indian engineers. Hire the best or the greatest, talented engineers from USA, France, UK, offer them salaries more than where they came from, give them the design projects in India or abroad. Hire the best talent from abroad, as China has been doing, (1) recruiting its nationals with western countries experiences. I suggest learn from them. Your ego will not win you what you desire! What counts is that your design is better than western designs, by tenfold. Just designing something equal to western designs will not cut the deal of supremacy. Remember that always! It is game of how to beat your competition. It is called "made in India or assembled in India". It does not matter who the designers are/were, if it was your or their concept or idea to solve issues or problems. You can employ Chinese, European, Africans or Indians etc. 🏴 ??! A diamond in the wrong hands is just a stone! 🔗 Karma or NOT, sir here is free advice. Please enjoy reading these excerpts, I have experienced. If you would like to contribute and want to appreciate my time, feel free to donate graciously. However, I do not expect anything in return, if you are miserable and Poor. In God we truly trust. 🏴 ??! A diamond in the wrong hands is just a stone!??! 🔗 Karma or NOT, sir here is free advice. Please enjoy reading these excerpts, I have experienced. If you would like to contribute and want to appreciate my time, feel free to donate graciously. However, I do not expect anything in return, if you are corrupt then you must be miserable and Poor. In God we truly trust. 🏴 🏴 Hello, if there is IKEA near you, go try Scandinavian food. I tried it is good. 🏴 Healthy diet, exercise and good habits, help us live healthy lives! 🏴 Please visit our websites <https://www.microvolt.com/2050/> . www.microvolt.com and www.ebobmart.com , <https://www.microvolt.com/001-global/>, <https://www.microvolt.com/20XY/> ,now try X and Y values 0, to 1 through 9 respectively 🏴 ❤️ 🏴 . 🏴 🏴 The wisest civilizations, do this, when moguls invaded in 8th century and remained in power until 14th century generally figure out that it will never happen again ever! However, from 18th century to 19th century it happened again, what would you call this civilization? It will not be called dumb or stupid! You figure it out yourself! see **Table-1** about how to implement healthy habits and enhancement of skills and talent required at job or workplace 🏴 🏴 ❤️ 🏴

Part 2 of 2

Table-1

Number	Monitor These Characteristics	Provides Jobe, Education loans, Home Loans	Health Checks
1	Skills and talent updated regularly by government funded educational Programs. Once successful, these endeavors can be handed over to private corporations once deemed it will work. The government funded trainings etc., will be audited by inspectors.	Building new industries encourages scholars to start businesses. This business will develop components for aircraft and semiconductor components.	The health checks annually are must at job and before loans are granted. Please add what is more appropriate to enhance this requirement.
2	Entrepreneur type skills must be enhanced by providing short courses at colleges, universities or health clubs etc.	Encourage Health Gyms memberships by subsidizing membership fees etc.	The certificates of training must be demanded before employment, and during employment. Encourage short training courses and these certificates must be checked at job interviews
3	The less intelligent ways are using force, swearing in ceremonies and wasteful lectures!	The items on the left number 3 in this row, in the left column does not help in reality!	Without certification nothing is verifiable. Use TV and other social media etc., to promote good ideas.

👉 Teach them how to behave in 21st century, NOT the way it used to be 10, 000 years ago.

👉 Make your and others' lives better & get rewarded in the process! 🏆 Healthy diet, exercise and good habits, help us live healthy lives! 👉 Please visit our websites <https://www.microvolt.com/2050/>

. www.microvolt.com and www.ebobmart.com, <https://www.microvolt.com/20XY/> ,now try X and Y values 0, to 1 through 9 respectively. 👉

👉 Hello, if there is IKEA near you, go try Scandinavian food. I tried it is good. 👉 Healthy diet, exercise and good habits, help us live healthy lives! 👉 Please visit our websites <https://www.microvolt.com/2050/> . www.microvolt.com and www.ebobmart.com, <https://www.microvolt.com/20XY/> ,now try X and Y values 0, to 1 through 9 respectively. 👉 Teach them how to behave in 21st century, NOT the way it used to be 10, 000 or more years ago..

👉 Make your and others' lives better & get rewarded in the process! Healthy diet, exercise and good habits, help us live healthy lives! 👉 Please visit our websites <https://www.microvolt.com/2050>. www.microvolt.com and www.ebobmart.com, <https://www.microvolt.com/20XY/> ,now try X and Y values 0, to 1 through 9 respectively. 👉 When a spirit becomes visible to its devotee. It can take a shape that is descendible to human eyes. The spirits do not have weight! This is the best possible explanation of your miracle(s) 👉💎 Can you trust this advice from different categories or better and different belief system! Dreams need both determination and wealth (to get excellent) education. Do not settle for less! 👉

👉 "Modiji", is full of Empty talk only, sometimes he looks like a lemur (langur). This is a large species of monkey, which can be called "Hanuman". Please someone help me translate this entire message into Gujarati language or dialect.

Gujarati language or dialect

ખાલી વાતો "મોદીજી" થી ભરેલી છે. ક્યારેક તે લેમર (લંગૂર) જેવો દેખાય છે. આ વાંદરાની એક મોટી પ્રજાતિ છે, જેને "હનુમમ" કહી શકાય. કૃપા કરીને કોઈ મને આ આખા સંદેશનો ગુજરાતી ભાષા અથવા બોલીમાં અનુવાદ કરવામાં મદદ કરો.khali vaato "modiji" Othi bhareli chhe. kyarek te lamer (langur) jevo dekhay chhe. aa vandarani ek moti prajati chhe, jene "hanumm" kahi shakay. krupa karine koi mane aa aakha sandeshno gujarati bhasha athva bolima anuvad karvama madad kare. 100 ??? ? ?! You aren't God, rather work in progress 100 ??? ? ?!

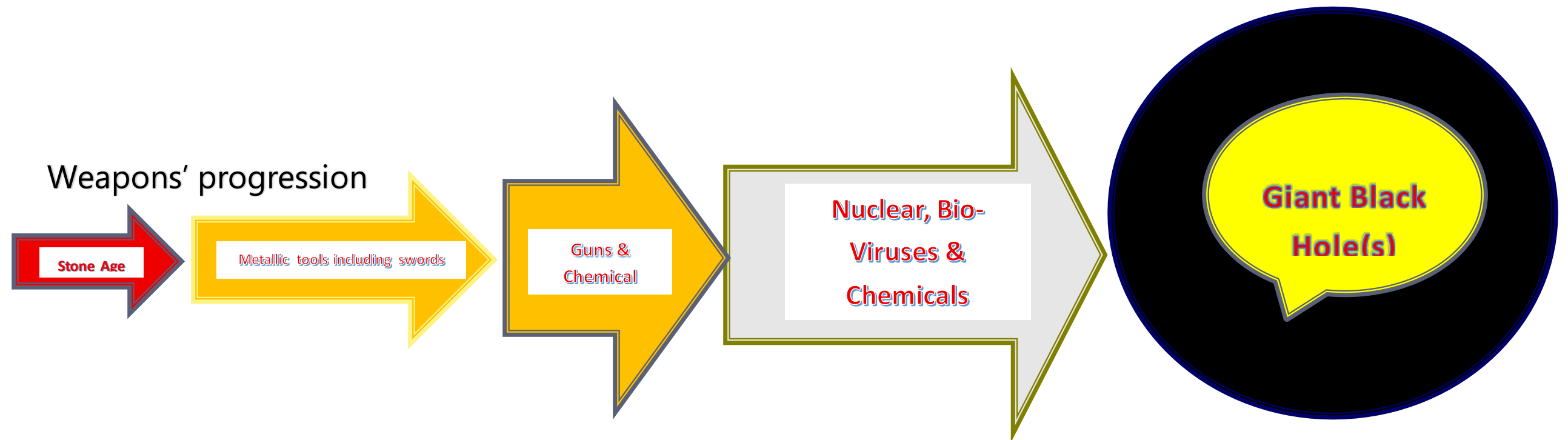
👉 It is impossible to solve 21st century problems with 2500-year-old methods, it is called insanity, practice same thing over and over again and expect different and innovative results! 👉 If You Practice your escapades/adventures in a system that is manmade NOT Natural or Godly. It is bound to fail tragically. All of your Gold reserves will be lost. There will be no miracles that will save you & your community 👉 Please forward this message to all, if it makes sense to you. 👉 The definition of insanity is to keep doing same thing over and over again and expect better & different results! 👉 It takes (1) fresh good diet, (2) good hygiene, clean environment that is clean air, water and pure/neat foods, (3) exercise for physical and mental growth. 👉 Make your and others' lives better & get rewarded in the process! .Teach them how to behave in 21st century, NOT the way it used to be 10,000 years ago. 👉 Make your and others' lives better & get rewarded in the process! 👉 Get him out of politics build heavy mechanical and electrical industries, outsmart Boeing, Lockheed Marting, GE, Siemens and more etc. Good luck and consolidates all political parties to three. Read on... to know more. 100 ??? ? ?! You aren't God, rather work in progress 100 ??? ? ?! If You Practice your escapades/adventures in a system that is manmade NOT Natural or Godly. It is bound to fail tragically. All your Gold reserves will be lost. There will be no miracles that will save you & your community. Please forward this message to all, if it makes sense to you. The definition of insanity is to keep doing same thing over and over again and expect better & different results! 👉 It takes (1) fresh good diet, (2) good hygiene, clean environment that is clean air, water and pure/neat foods, (3) exercise for physical and mental growth. 👉 👉 Make your and others' lives better & get rewarded in the process! If religious philosophy's moto is to create sheep NOT educated & well informed citizens, since to know information, it will cost them arm or leg or both 👉

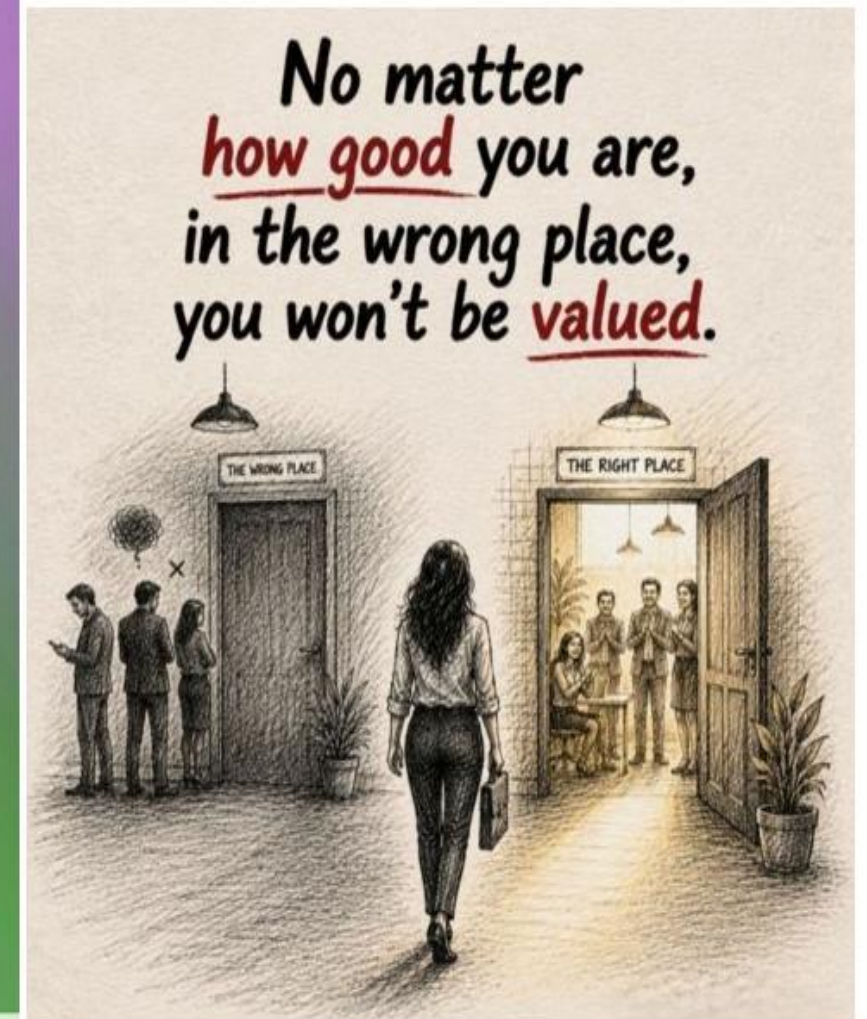
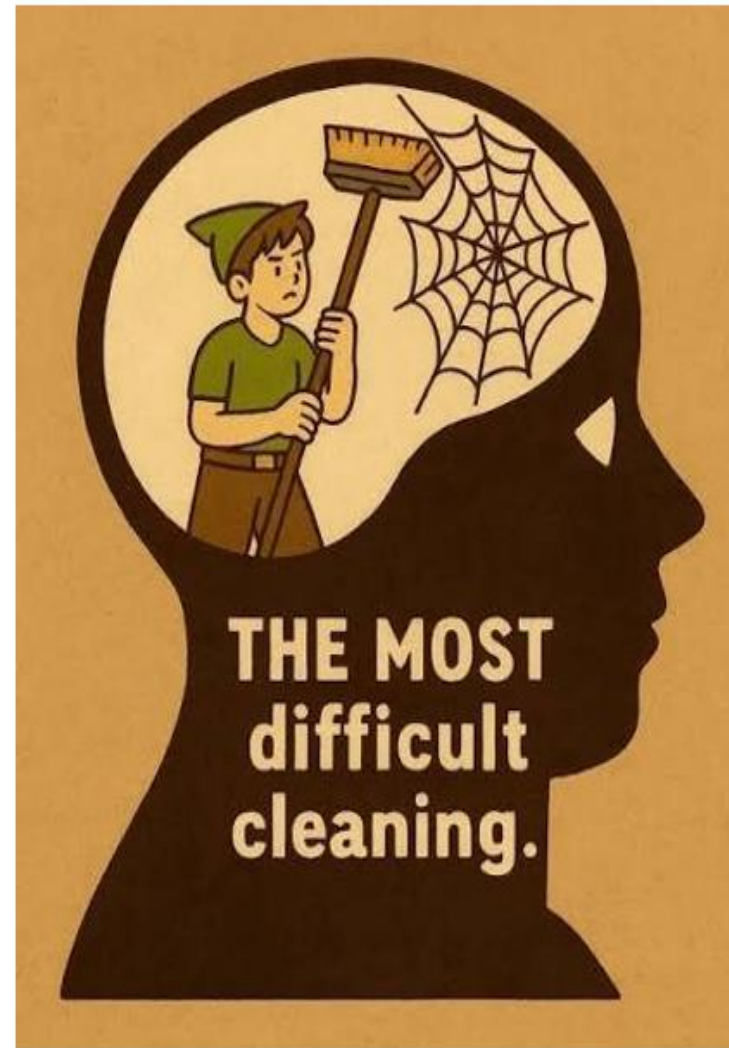
♦ What if logic or syndrome.....? For idiots nothing changes for millenniums! When there is weak, global leadership, such as Global organization of Democracies, (GoD) 👉 ♦ . You will have chaotic situations, again perpetually! 👉 It is given, every nation is concerned about its wellbeing and profits, nothing wrong or upsetting. When a large out of control nation does something out of their old habits or new escapades, or ideas etc., at this point or in this situation it will be far-sighted to address it appropriately. ♦ 👉 ♦ 👉 A Global Organization of Democracies (GoD), is required to address out of control nation(s), quickly and appropriately. 👉 ♦ Make your and others' lives better & get rewarded in the process! 👉 ♦ You have only three wise choices as humans, (1) Don't Change, (2) Be dynamic/progressive (3) Be rebellious! 👉 Teenagers are mostly rebellious, since they are not fully developed. When you aren't living in a natural environment or godly systems. Then do not expect miracles to save you! Remember God helps those who help themselves. Your true intentions will turn into your destiny! What were they teaching at two world famous ancient & Global Maha vidyalas, Nalanda & Takshila, if they were teaching along with mathematics, astronomy and language courses, most importantly defense & security. Then Muslims and other global groups, would not have controlled the precious resources & wealth for centuries. It is a well-known fact in the western world; it is very difficult to find your own faults and hence consultants are employed to fix the mess that intelligent citizens have inadvertently created. There is a saying intelligent people create problems & geniuses fixes them 👉 No, No , No, our souls communicate through "chemical formula". Let's say there is a chemical named "101101" for happiness, you can say in any language the message of Happiness, this message in any language will produce same chemical irrespective of many spoken language(s)! That's how, soul comminate to God, the Almighty who is in control of everything infinity to the power infinity. The dynamic range of God is + infinity to the power of +infinity and same is true on the negative side -infinity to the power of infinity. This is incredible range(s)

<https://www.linkedin.com/in/vikas-b-23164029/A> democracy that emerges to be Master of all democracies and does NOT let other forms of democracies exist is called



fool's paradise. View Chaman's profile Chaman Bhardwaj (He/Him) 8:13 AM 🙌💎🚫 You aren't God, rather work in progress. If You Practice your escapades/adventures in a system that is manmade NOT Natural or Godly. It is bound to fail tragically. All of your Gold reserves will be lost. There will be no miracles that will save you & your community??! Please forward this message to all, if it makes sense to you. 🙌👍❤️💯🙌 The definition of insanity is to keep doing same thing over and over again and expect better & different results! 🙌 It takes (1) fresh good diet, (2) good hygiene, clean environment that is clean air, water and pure/neat foods, (3) exercise for physical and mental growth. 🙌🙌 Make your and others' lives better & get rewarded in the process! 🙌 Healthy diet, exercise and good habits, help us live healthy lives! 🙌 If You can flatten all little mountains and hills except Himalya and a few other mountains that separates or makes a great wall between China and India. Then establish the world's best multi-national corporations on new flatten lands (1) it will create wealth (2) jobs and (3) world's best technology and research universities etc. The first thing I'm going to do once I earn enough money is leave India 🙌 Some suck others (employees) blood through investment of their money or else, Some suck blood by injecting fears, some suck blood by injecting divisions, some suck others blood by telling them inferiors (pests), some suck blood because they can! Some suck blood at gun pointed into heads of others! Some suck blood by fearocracy often disguised as world's best demonocracy. Some suck blood of others through bullying of nth proportions 🙌 If Indian ordinary citizens are cockroaches, then their LEADERS (are these super roaches really leaders?) 🙌 Make your and others' lives better & get rewarded in the process! 🙌 You have only three wise choices as humans, (1) Don't Change, (2) Be dynamic/progress (3) Be rebellious! 🙌❤️💯 Teenagers are mostly rebellious, since they are not fully developed. When you aren't living in a natural environment or godly systems. Then do not expect miracles to save you! Remember God helps those who help themselves. Your true intentions will turn into your destiny! 🙌 What were they teaching at two world famous ancient & Global Maha vidyalas, Nalanda & Takshila, if they were teaching along with mathematics, astronomy and language courses, most importantly defense & security. Then Muslims and other global groups, would not have controlled the precious resources & wealth for centuries. It is a well-known fact in the western world; it is very difficult to find your own faults and hence consultants are employed to fix the mess that intelligent citizens have inadvertently created. There is saying intelligent people create problems & geniuses fixes them ❤️💯🙌🙌💎🙌 What do you think or think? If UNO or Global Organization of democracies (GoD) create an innovative initiative to save precious earth (dirt). God start paying citizens of GoD an amount of money in B°, where 1B° = \$1000, B° 10 for cremation and charge B° 100 for burying their dead ones! 🙌🙌





**A TOXIC BOSS
STABS YOU IN
THE BACK.**

**A SELFISH ONE
HOLDS YOU BACK.**

**A GREAT ONE
HAS YOUR BACK.**

— Faraz Anis

Kindness is one of the greatest virtues that someone can possess. It costs nothing, yet it means everything.

In a world that often feels rushed and selfish, your kindness makes a difference in ways you may never know.

Thank you for being the reason someone believes in good people.

Fly



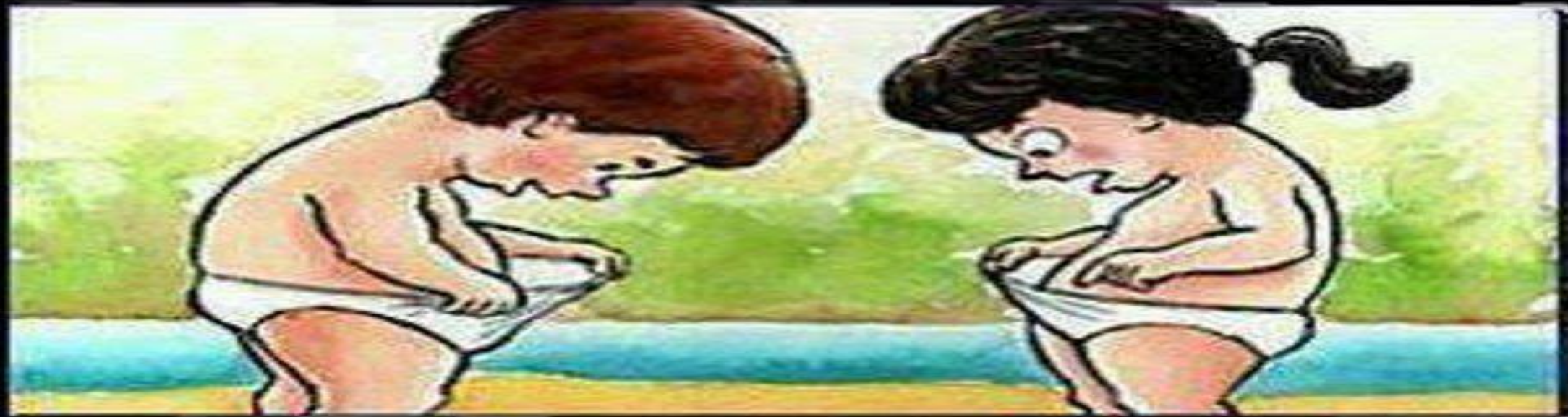


If you put 100 black ants & 100 red ants in a jar, nothing will happen. But if you shake the jar, the ants will start killing each other. Red will believe black is their enemy while black will believe red is their enemy when the real enemy is the person who shook the jar. Same is also true in our society. Before we fight with each other, we must ask ourselves : who shook the jar??

RSHD

**Our settings
are
Different ...**

**Yes, You are
equipped with
WiFi Antenna and
I have a
USB Port...**



👉 <https://www.microvolt.com/2050/> , www.microvolt.com and www.ebobmart.com , God bless us all. Thanks Bob

How much more bizarre can it be? Until they realize what's the real progress of elites & inclusive of masses?

When wealth is hoarding in the hands of elites & excluding all commoners, it is called oligarchy!

There must be a point of inflection in the range of ratios of salaries of CEOs and employees.

If all wealth created by corporations is such that 80% goes to CEO's pockets and only 20% (XY%) or less is given as earnings to all their employees. This type of set up or system must be called mean or ugly autocratic system. This (XY%) moving indicator on the scale from 0% to 40% (x=4, y=0) = 40% or more and 60% or less goes to CEOs, must be called All pains and gains are shared fairly. Otherwise, it will be imbalanced system, which will mean all pains are theirs and all gains are that of CEOs. 🙌
"The real democracy is when all disputes can be resolved via dialogues and diplomacy or wisdom rather than bullying or mafia style tactics" C. Bhardwaj NCE .
https://www.microvolt.com/2015/narte_26.pdf Please wake up to brand new future after so many years of experience and spending fortunes for 3 master's degrees from universities located in USA where you were born and raised.

Now if we reduce 10% salary of greedy elite, for example 10% of 100 Million salary is equal to 10 million dollars. When you divide 10,000,000 by 1000 is equal to 10,000. So, 1000 innovative employees MUST be paid 10,000 extras per month. For example, if innovative employees are getting 150,000 then plus 10,000 will be equal to **\$160,000** and so on.

<https://lnkd.in/p/g7BV7JwR> Jeff B.

🙌 ??! 🙌 ♦ Please wake up to brand new future after so many years of experience and spending fortunes for 3 master's degrees from universities located in USA where you were born and raised.

🙌 <https://www.microvolt.com/2050/docx/V.pdf>

<https://www.microvolt.com/2050/docx/>

<https://www.microvolt.com/2050/>

🙌 ??! 🙌 Vikas Bhardwaj, ASQ-CQE, CSQE | LinkedIn

<https://www.linkedin.com/in/vikas-b-23164029/>

It is a stupidity to believe in having Saafaa or saropa on your shoulders will give you all the blessings or Power you need. You must have real education and real foods that give you nutrients to be strong and innovative. It is business for those who are selling these shoulder or neck garments, that's all nothing else.

Please help! Whosoever reads this matrimony advertisement, you might know some friends in preferably USA, may be Canada, UK and AUSTRALIA. PLEASE FIND my kids snapshot of upbringing. Please feel free to forward this introductory information about son. We are looking for good looking and English medium profession girl, specialized in Certified Professional Account (CPA), doctor MBBS, dentist, software programmer or import/export business lawyer. HI, please contact us, when our son was enrolled in 6th grade, he was enrolled in gifted students' program that is he was attending mathematics and English classes with 7th graders. This continued until 12th grade. Also, for our middle daughter, she is Ph. D in Pharmacy. Our son has done triple masters, (1) plant biotechnology, (2) MBA, (3) master's in data science. He is working as project engineer in suburbs of Boston, MA, USA. He is born in the USA and educated in USA. His height is 5'11", born & brought up in USA. Please send us your email or WhatsApp number to communicate further. God bless us all including you and your referrals. 🙌 Vikas Bhardwaj, ASQ-CQE, CSQE | LinkedIn

<https://www.linkedin.com/in/vikas-b-23164029/> 🙌 🙌

It is a stupidity to believe in having Saafaa or saropa on your shoulders will give you all the blessings or Power you need. You must have real educations and real foods that give you nutrients to be strong and innovative. It is business for those who are selling these shoulder or neck garments, that's all nothing else.

Please help! Whosoever reads this matrimony advertisement, you might know some friends in preferably USA, may be Canada, UK and AUSTRALIA. PLEASE FIND my kids snapshot of upbringing. Please feel free to forward this introductory information about son. We are looking for good looking and English medium profession girl,

specialized in Certified Professional Account (CPA), doctor MBBS, dentist, software programmer or import/export business lawyer. HI, please contact us, when our son was enrolled in 6th grade, he was enrolled in gifted students' program that is he was attending mathematics and English classes with 7th graders. This continued until 12th grade. Also, for our middle daughter, she is Ph. D in Pharmacy. Our son has done triple masters, (1) plant biotechnology, (2) MBA, (3) master's in data science. He is working as project engineer in suburbs of Boston, MA, USA. He is born in the USA and educated in USA. His height is 5'11", born & brought up in USA. Please send us your email or WhatsApp number to communicate further. God bless us all including you and your referrals. Thanks. Bob Bhardwaj. T. +1 847 809 5340.

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A democracy that emerges to be Master of all democracies and does NOT let other forms of democracies exist is called fool's paradise 

You aren't God, rather work in progress  You Practice your escapades/adventures in a system that is manmade NOT Natural or Godly. It is bound to fail tragically. All your Gold reserves will be lost. There will be no miracles that will save you & your community Make your and others' lives better & get rewarded in the process! 

Healthy diet, exercise and good habits, help us live healthy lives!  ♦ Please visit our websites <https://www.microvolt.com/2050/> . www.microvolt.com and www.ebobmart.com  If You can flatten all little mountains and hills except Himalya and a few other mountains that separates or makes a great wall between China and Inda. Then establish the world's best multi-national corporations on new flatten lands (1) it will create wealth (2) jobs and (3) world's best technology and research universities etc. The first thing I'm going to do once I earn enough money is leave India. This is what every Indian wishes to do, when they grow up. What are you doing to make them live in India be proud of living in India. The government role is to facilitate every youth to start their own companies, modern youth needs a framework of good colleges, universities and finances etc.  ♦ Some suck others (employees) blood through investment of their money or else, Some suck blood by injecting fears, some suck blood by injecting divisions, some suck others blood by telling them inferiors (pests), some suck blood because they can! Some suck blood at gun pointed into heads of others! Some suck blood by fearOcracy often disguised as world's best demoncracy| Some suck blood of others through bullying of nth proportions  If Indian ordinary citizens are cockroaches, then their LEADERS (are these super roaches really leaders?) Make your and others' lives better & get rewarded in the process! You have only three wise choices as humans, (1) Don't Change, (2) Be dynamic/progress (3) Be rebellious! Teenagers are mostly rebellious, since they are not fully developed. When you aren't living in a natural environment or godly systems. Then do not expect miracles to save you! Remember God helps those who help themselves. Your true intentions will turn into your destiny! What were they teaching at two world famous ancient & Global Maha vidyalas, Nalanda & Takshila, if they were teaching along with mathematics, astronomy and language courses, most importantly defense & security. Then Muslims and other global groups, would not have controlled the precious resources & wealth for centuries. It is a well-known fact in the western world; it is very difficult to find your own faults and hence consultants are employed to fix the mess that intelligent citizens have inadvertently created. There is saying intelligent people create problems & geniuses fixes them

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<https://www.microvolt.com/20XY/> , where X and Y can have values of equal to 1 through 9 and including 0 respectively ♦ 🙌👍

Please visit our websites <https://www.microvolt.com/2050/> . www.microvolt.com and www.ebobmart.com 🙌 ♦ Make your and others' lives better & get rewarded in the process! 🏆 ❗❗❗ 🏠 If You Practice your escapades/adventures in a system that is manmade NOT Natural or Godly. It is bound to fail tragically. All your Gold reserves will be lost. There will be no miracles that will save you & your community Those who have endured about 660 years of torture by Muslims invaders, that is to say, since year 800 to1460 year. Then 1757 to 1947 invasion of western forces. Hindu civilization did not change except; the dress code was changed to look like Sikhs! Ok I get it, to change their outlook to life or dress code etc., can be changed by swords or weapons only by stroke of pens, nothing is possible! The weapons of Hindu, seems to be "FOOD". Those who can't or are unable to make world class war fares, and hence only way forward was left to control the energy of revolutionary citizens by making most of them vegetarians. I have no intention of you all uneducated animals like attitudes, to change their minds! Please visit our websites, <https://www.microvolt.com/> , www.ebobmart.com/ , and <https://www.magical-worker.com/> . Any socio economics system that want free labor and misuses or peoples are barred from participation in this coveted global program!

There will be three coveted global awards (1) Innovative Technology designer and producer, (2) Medicine and (3) Two top economies (will share prize 1/2 to each selected country. The value of each Global Prize will be more than 10,000 Bazookas (1B_∞ ≡ 1000\$). There will be 9 members committee, (1) Two will be past Nobel Laureats from any field of study, (2) Two technology innovator companies or individuals selected in award year, (3) Global Organization for Democracies' (GoD) president, GoD head will oversee this award process (4) Two top world class universities presidents, and (5) There can be two top elites or corporations, each have to pay a fee of 10, 000 B_∞ or more to participate in voting process. There can be ONE more additional member, even barred county or elite can participate individually, by paying a fee of participation, to participate in this process by paying a fee of (2x B_∞ 1 million). The regular fee is B_∞ 1 million. A country which have killed 100 or more its citizens or its subjects and 5 or more in another nation via biowarfare or conventional weapons etc., in the year of consideration, will be ineligible to participate in getting award or participation in the awardee selection process.





11 Green Flags that stand out In People

They:

1. Stand by you in both progress and struggle
2. Support your dreams with genuine interest
3. Remember moments that matter to you
4. Encourage your voice and opinions
5. Accept you without conditions
6. Leave you feeling recharged
7. Honor your time and space
8. Celebrate your growth
9. Listen with openness
10. Respect differences
11. Create calm

Ronnie Kinsey



A LION WAS RAISED WITH SHEEP

He Ate Grass. He Walked Slowly.

He Never Roared. Everyone Told

Him: "You're One of Us."

**Bad managers
are loud when
you make a
fault and
quiet when
you do something
good.**

Future of Finance Teams



CFO



Controller



FP&A



Treasury



**Invoice
audit**



Dispute



Payments



Compliance



Follow **Luís Rodrigues**

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HOW TO HANDLE A BACK-STABBER PERSONALITY

They smile in front of you but speak against you behind your back. Protect your peace, stay wise, and respond with self-control.



1 SPOT THE PATTERN



- They act warm in person but different behind your back.
- They drop hints, gossip, or twist stories.
- They vanish when real support is needed.

Practice: Trust consistent patterns, not charming moments.

2 DON'T TAKE THE BAIT



- Their behavior says more about them than you.
- You do not need to absorb every opinion.
- You can manage your response even if you can't manage them.

Practice: Remind yourself: their behavior is not my identity.

3 CREATE HEALTHY DISTANCE



- Keep personal details private.
- Don't hand over sensitive weaknesses.
- Limit unnecessary closeness.

Practice: Be kind, but keep clear boundaries.

4 WATCH WHAT YOU SHARE



- Oversharing can become leverage for them.
- Loose talk can become gossip later.
- Guard both personal and work-related information.

Practice: Use a need-to-know filter.

5 KEEP A RECORD



- Save important messages and agreements.
- Write down key incidents when needed.
- Documentation protects you from false claims.

Practice: Facts are stronger than hearsay.

6 DON'T REACT CARELESSLY



- Public confrontation can escalate things.
- Choose the right moment, place, and tone.
- Stay calm, brief, and specific.

Practice: Address issues privately when possible.

7 BUILD YOUR CIRCLE



- Invest in trustworthy relationships.
- A strong reputation gives protection.
- Good people often notice steady character.

Practice: Stay honest, kind, and dependable.

8 STAY PROFESSIONAL



- Let your work speak louder than drama.
- Don't sink to their level.
- Keep your standards even when they do not.

Practice: Focus on results, not emotional noise.

9 REFUSE THE GOSSIP



- Don't join conversations that tear people down.
- Repeating it only keeps the cycle going.
- Step away from negativity when you can.

Practice: Decline to participate and redirect the topic.

10 PROTECT YOUR NAME



- Be steady, truthful, and accountable.
- Follow through on what you promise.
- Own your mistakes quickly.

Practice: A clean record speaks for itself.

11 KEEP YOUR FOCUS



- Don't waste your energy on revenge.
- Stay centered on your goals and growth.
- Progress is a better answer than pettiness.

Practice: Keep your eyes on what matters.

12 ACT IF HARM IS REAL



- If the behavior becomes harmful, report it.
- Speak to the right authority when needed.
- Don't stay silent if your safety or reputation is at risk.

Practice: Protect yourself and others when necessary.

REMEMBER:

You can't change how others act, but you can choose how you respond.



YOU CAN CONTROL:



Your reactions



Your boundaries



Your choices



Your peace

LET GO OF:

- the need for approval
- old grudges
- unhealthy drama



follow @ChaRomero for more



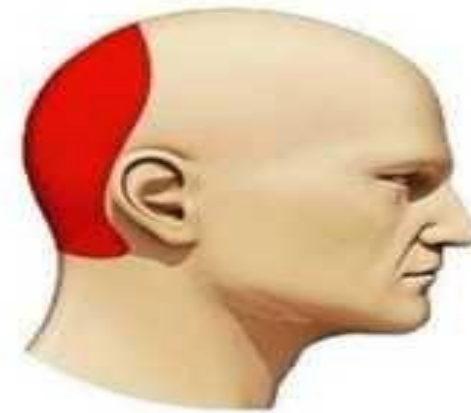


Types of Headache

Migraine



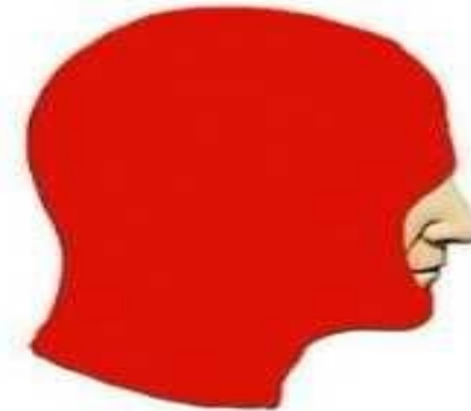
Hypertension



Stress



Tuning Hyperparameters



www.microvolt.com/
www.aapkiawaz.tv/

Marriage (m+f; m=f=U) & or any Relationships can be Expressed in terms of Universal Mathematics

$1U + 1U = 2U$, ਗੁਰਮੁੱਖਾਂ ਵਾਸਤੇ ਫਾਰਮੂਲਾ

For m=f=U, When $U = \infty$,

$2U = \infty$, where U stands for Union of anointed ones!

www.radiohumrahi.com/

.....And, When $U = 1$, ਮੰਨਮੁੱਖਾਂ ਵਾਸਤੇ ਫਾਰਮੂਲਾ

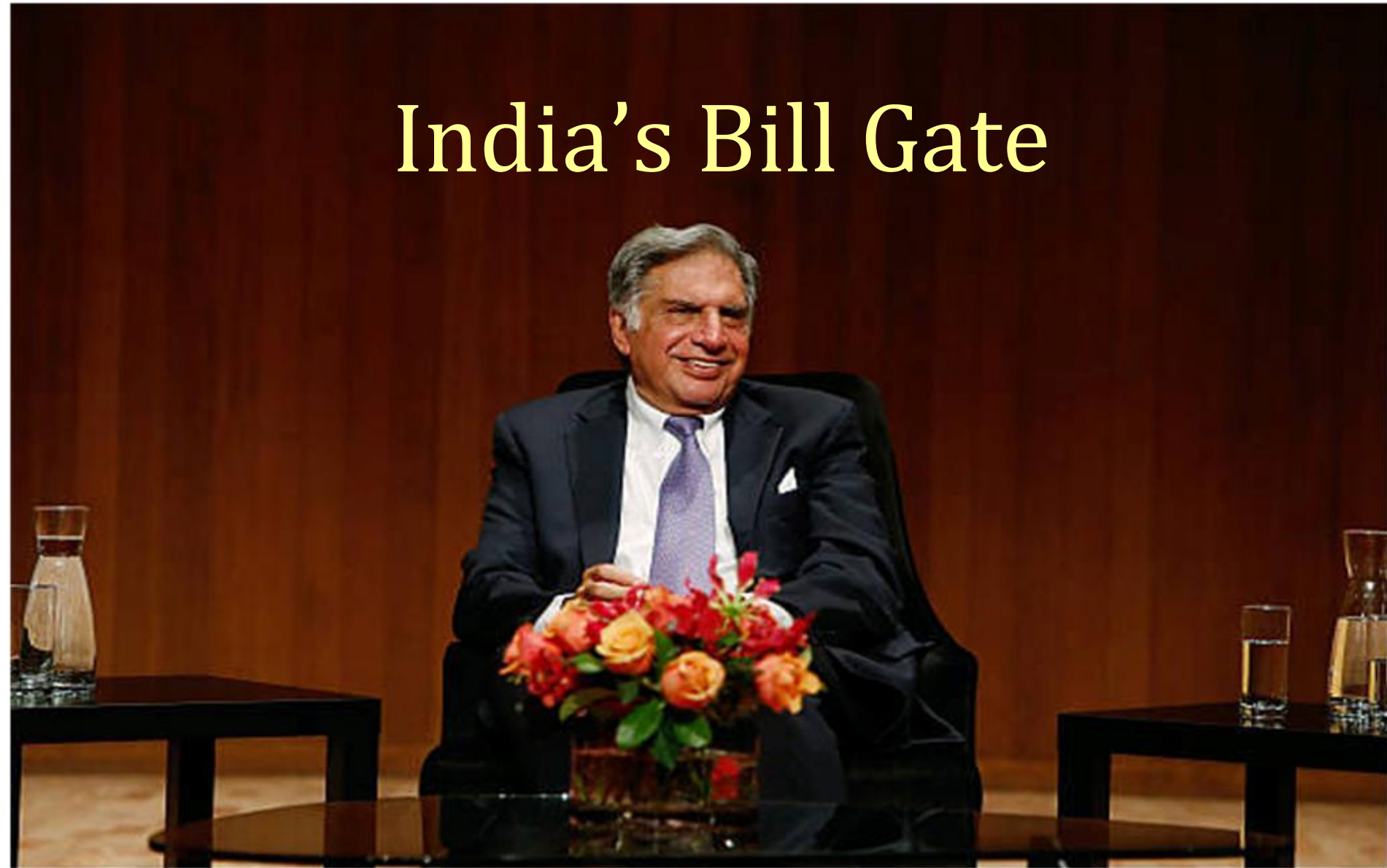
$1+1 \equiv 11$, in this eqn., both are wholesome or righteous one

$1+1 = 2$, in this eqn., both are average

$1 \times 1 = 1$, in this eqn., they compete and fight all the time for wrong reasons etc.!

$\{(1-1) \text{ to } (1 \times (-1))\} = \text{zero to } -1$, in this eqn., each one is opposite in brain waves

India's Bill Gate





V/S



**BE THE
TYPE OF
LEADER**

**WHO
LEAVES
A MARK,
NOT
A SCAR**

JUSTIN WRIGHT

Democracies...

I agree that everyone must learn new things called high tech. High tech is changing very fast. Please Do not Learn to be good Slave all the time for LOOTERS and MUGGERS! Watch your behavior. Ask yourself, what am I, pivoted to is it around Fear of losing family, Job, house etc. So, there are democracies

(1) which get their energy {Monies =

Bazookas. $(100 D_{₹00}) = 1 B_{\infty}$ } . D for

dhela (धेला), B for Bazooka. A system born out of

fear driven by mechanisms. (2) A BEST DEMOCRACY, driven by independent mindsets, which is willing to contribute to the system without any bias of fear. Because system works based upon WIN-WIN strategies. In this system new currency shall be used as described earlier in this paragraph.

$1 B_{\infty} = \$1000$. The value of $1 B_{\infty}$ will always be equal to the price of 1 kilo (300 grams of pure gold+300 grams of pure silver+400grams of copper).

