

7 Questions to Ask Before Saying Yes to a Promotion



By Alec Rickard

1. Am I chasing growth or validation?

- Titles impress others, but they don't develop you.
- Growth comes from challenge, not approval.
- Promotion isn't proof, it's purpose.



2. Does this role align with my long-term goals?

- Not every “step up” moves you forward.
- Direction matters more than elevation.
- Growth without alignment leads to burnout.



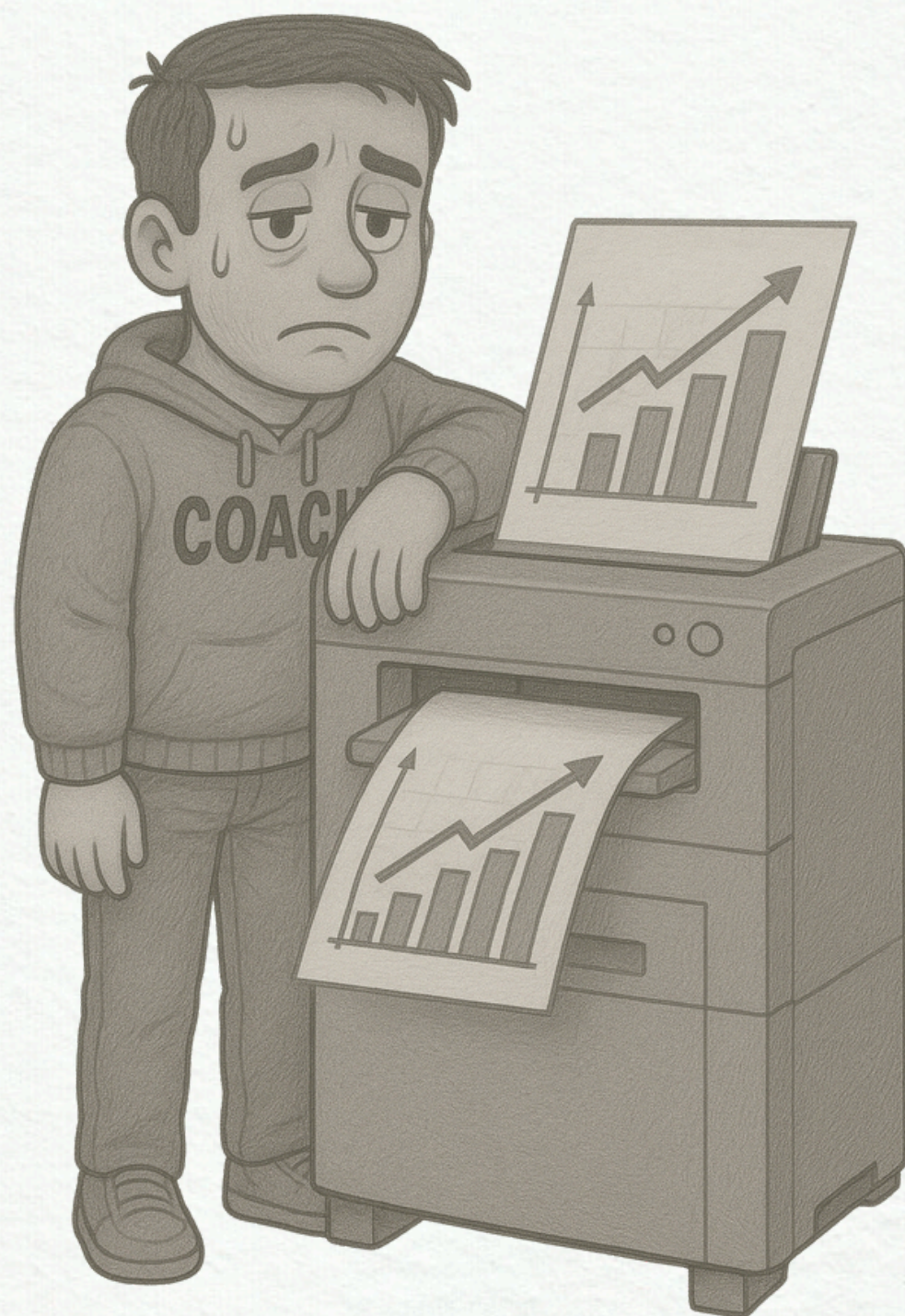
3. Will I still have time for life outside work?

- Bigger roles often come w/ bigger trade-offs.
- If balance breaks, success won't feel like success.
- Protecting your energy is leadership too.



4. Will I learn or just repeat what I already know?

- Repetition feels safe but stalls your development.
- Smart professionals pick learning over comfort.
- Growth hides in discomfort.



5. Do I respect who I'll be working under?

- A great boss accelerates your growth.
- A poor one limits it fast.
- Mentorship matters more than money.



6. Will this build skills that make me more valuable?

- Titles fade, capabilities compound.
- Always choose the path that multiplies your value.
- Invest in skills, not status.

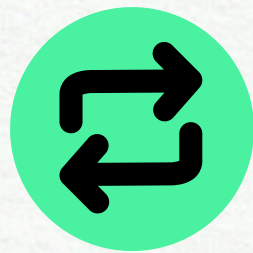


7. Does this role make my life better, or just my résumé?

- Growth should feel meaningful, not mechanical.
- The right role fits your goals and your values.
- Progress means moving toward the life you want.



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